

introducing ...



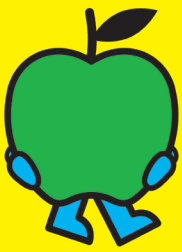
energize

for ages 7 to fourteen
at the Bewbush Centre

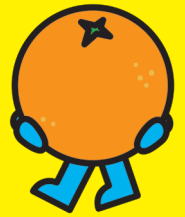
Thursdays 5-6.15pm
for just £1.50

to book your place, visit
www.crawley.gov.uk/activekids





Introducing a family session
to help support young people
aged 7 - fourteen who are above
their ideal weight



Get healthy

Get active

Get support

For further information and to book a place
on this great course please visit
www.crawley.gov.uk/activekids
or call us on 01293 585350



change
4 life
Eat well Move more Live longer